

# Smart savings for better health

Regence Advantages is a set of value-added programs that offer great savings to Regence MedAdvantage (PPO) members. They're offered by a number of leading activity and health-related companies. **These programs are not insurance, but are offered in addition to your medical or prescription drug plan to help you get information and support when you need it.**

- **Vision care services:** Receive discounts for eye wear, contacts and laser vision correction surgery, including pre- and post-operative care and a retreatment warranty.
- **Hearing care services:** Save on hearing care with a free screening, discounts on hearing aids and hearing aid batteries, as well as follow-up visits and testing.
- **Healthy activity and fitness clubs:** Enjoy a discounted membership fee for access to thousands of activities, including movie tickets, performing arts, sporting events, hotels and rental cars as well as discounts on regular monthly rates and/or enrollment fees at participating local fitness clubs.
- **Weight management programs:** Take advantage of discounts on weight management programs.
- **Child health and safety products:** Make your home safer for the little ones who visit by saving on child safety products.

## Just show your Regence member card

To take advantage of these great savings, have your member card ready at the time of service or during telephone or online transactions. To learn more about these discount programs:

**Call us toll-free 1-888-REGENCE (1-888-734-3623),**

Monday through Friday, 8 a.m. to 5 p.m., Pacific time. TTY users should call 711.

Or visit us online at <http://www.regence.com/medicare>.

*Already a member?* **Call Customer Service at 1 (800) 541-8981.** Our telephone hours are 8 a.m. to 8 p.m. Monday through Friday. From Oct. 15 through Feb. 14, Customer Service is available from 8 a.m. to 8 p.m., seven days a week. TTY users should call 711.

**Regence Advantages is not insurance but is offered in addition to your medical plan to help you stay healthy and live better. The products and services described above are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the Regence MedAdvantage (PPO) grievance process.**

Regence MedAdvantage is a health plan with a Medicare contract.

