



Providence Medicare Advantage Plans helps you **improve your health and enrich your life** with Forever Fit.

Providence Medicare Advantage Plans offers the Forever Fit program at no additional cost! As a Forever Fit member, you'll have access to fitness providers that can help you take charge of your own health and well-being. Live a healthier life with exercise.

With Forever Fit, you'll receive

- a basic membership at a participating fitness provider
- a dedicated 800 number plus ongoing call center support
- an @Home Pak if you live 15 or more miles from a participating fitness location. The Pak includes an instructional workout DVD, resistance bands and a pedometer.

Best of all, you and your doctor can tailor the program to fit your personal goals and fitness level. Please call the Providence Medicare Advantage Plans Customer Service Team at 503-574-8000 or 1-800-603-2340. If you are hearing impaired and use a Teletype (TTY) Device, please call our TTY line at 503-574-8702 or 1-888-244-6642. Customer Service assistance is available to answer questions, seven days a week, between 8 a.m. and 8 p.m. (Pacific Time). Or visit www.ProvidenceHealthPlan.com for more information today!

Participating Locations

Arlington

Gold's Gym – Arlington

3131 Smokey Point Dr.
(360) 657-4653
Amenities: E, S

Everett

24 Hour Fitness - Everett

19th Ave Super Sport

11014 19th Ave. S.E., Ste. 4
(425) 347-1077
Amenities: E, S, P, W

Granite Falls

Gold's Gym

110 S. Alder Ave.
(360) 691-4496
Amenities: E, S

Lake Stevens

Anytime Fitness

25-95th Dr. N.E., Ste. 107
(425) 334-1200
Amenities: E

Lake Stevens

Athletic Club

1904 125th St. N.E.
(425) 334-5722
Amenities: E, S

Lynnwood

24 Hour Fitness -

Lynnwood Sport

18930 29th Ave. W.
(425) 697-5007
Amenities: E, S, P, W

Marysville

Gold's Gym – Marysville

1052 State Ave.
(360) 658-4653
Amenities: E, S

PA Fitness

13315 38th Ave. N.E., Ste. C
(360) 657-3488
Amenities: E

Mountlake Terrace

Fitness 19 -

Mountlake Terrace

22803 44th Ave. W.
(425) 582-2412
Amenities: E

Amenities Legend

- E** Exercise Equipment
- S** Steam/Sauna
- P** Pool
- W** Whirlpool
- * Seasonal Pool

To find additional locations call Providence Medicare Advantage Plans Customer Service Team at 503-574-8000 or 1-800-603-2340. If you are hearing impaired and use a Teletype (TTY) Device, please call our TTY line at 503-574-8702 or 1-888-244-6642. Customer Service assistance is available to answer questions, seven days a week, between 8 a.m. and 8 p.m. (Pacific Time).

Providence Health Plan is a health plan with a Medicare contract. The benefit information provided herein is a brief summary, not a comprehensive description of benefits. For more information contact the plan.